**Who is eligible?**

You must be at least 18 years of age and eligible for Medicaid. Referrals and walk-ins are accepted. 16 and 17 year olds may be admitted with parental consent.

**What can you expect from our programs?**

The programs offer a structured environment of learning and behavior modification. Our clinical treatment activities and services consists of:

- Weekly individual counseling sessions
- Group therapy and workshops on topics such as: relapse prevention, job readiness, parenting skills, stages of change, anger management, psycho-drama, conflict resolution, life & wellness, Acupuncture, REBT, nicotine awareness and socialization skills
- We provide referrals for education/vocational programs.
- Medical and psychiatric services are offered as needed (off-site).

**How long are our programs?**

**Outpatient Services:** 6-9 months on a scheduled basis for those clients deemed not in need of our full regimen of services. However, they provide most of the services offered by our residential sites. Sliding scale fees also available.

**Residential:** 9-12 months depending on your progress, treatment needs and fulfillment of any mandates from your referring agency. (We implement modified treatment plans based on need and offer a 6 month aftercare support program that is available for all successfully completed clients of the residential component).

**Serendipity:**

A noun meaning good luck in making unexpected and fortunate discoveries

Our name Serendipity is derived from the Persian myth of the 3 Princes of Serendip ca.1754 who traveled far and wide in search of items of value for the kingdom. They often returned with items of greater value than those being sought. Hence, the "unexpected discovery" part of the definition. For our agency, having clients enter the program, and through a clinical process, change their lives for the better, is what Serendipity is all about!
The Stay’n Out Programs - NYTC, Inc.

Mission Statement:

Our mission is to help program participants effect those changes in attitude and behavior that will enable them to make choices associated with a healthy, positive lifestyle free of crime and drugs.

NYTC, Inc. opened its Stay’n Out Programs in 1977 with a male program at the Arthur Kill Correctional Facility in Staten Island and a female program at the Bayview Correctional Facility in Manhattan. The Stay’n Out programs pioneered the concept of beginning therapeutic community treatment while the client was incarcerated and continuing in the community upon release from prison. In-prison Stay’n Out programs operated for 3 decades until the New York State fiscal crisis of 2008. This model was researched from inception showing a 77% success rate based upon a 5-year follow-up study conducted by NDRI.

All clinical staff are Qualified Health Professionals (QHP’s) or supervised by one.

Serendipity - Community-based residential and outpatient programs have continued as the bridge for a healthy transition back to the community and serve a primary role as an Alternative To Incarceration (ATI). The programs have proven to be highly effective and the model has been adopted nationally and internationally with thousands of successful graduates who have become law abiding tax paying members of society.

Referral Sources and Partner Agencies:

- NYC Department of Education
- ACCES-VR funds vocational training programs for those with disabilities. The EPRA job-readiness program in Manhattan works with Serendipity to evaluate our residents for and coordinates with the ACCES-VR counselors.
- Brooklyn Community Recovery Center provides classes and other services to our residents.
- Project Renewal provides culinary arts training.
- 5th Avenue Committee offers cable installation, woodworking, CDL and production assistant training.
- HOPE Program offers training in the grocery business.
- FedCap offers custodial maintenance training.
- APEX provides plumbing, electrical, HVAC and automotive mechanic training
- Exponents and Workforce One are additional partners with Voc-Ed.

Some of our other partnerships are with criminal justice and philanthropic organizations, e.g.: The Federation of Protestant Welfare Agencies, NYTCA, WFTC, ASAP, TASC, Treatment Court, Bronx Forensic Link, CASES, NYS Parole, US Probation, NYC Probation, Gods Love We Deliver, Brooklyn Mental Health Court, NADAP, TCA National and Family Court.